

IMPACT REPORT 2022-23

**PANKHURST
TRUST**



**MANCHESTER
WOMEN'S
AID**



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WHO WE ARE

The Pankhurst Trust (incorporating Manchester Women's Aid) was founded in 2014, bringing together Manchester Women's Aid and The Pankhurst Centre. We are a feminist led women's organisation who believe that our work and focus on the needs of women and girls is vital given the unequal legal, social and cultural environment in which women and girls in particular live, work and grow.

This continues to affect their status in all areas of life in society, whether public or private, in the family or the labour market, in economic or political life, in power and decision-making.

A women-led feminist organisation which exists to:

1. To protect and restore the heritage, history and architecture of 60-62 Nelson Street, birthplace of the Women's Social and Political Union founded by Emmeline Pankhurst.

**PANKHURST
CENTRE** 

2. To work to ensure that people suffering, or at risk of, domestic abuse receive appropriate support. We do this by providing safe accommodation, alongside services in the community and by working in partnership with other agencies.

**MANCHESTER
WOMEN'S
AID**

We believe that our work, and continuing focus on the needs of women and girls is vital given the unequal legal, social and cultural environment in which women and girls in particular live, work and grow continues to affect their status in all areas of life in society, whether public or private, in the family or the labour market, in economic or political life, in power and decision-making.



COME VISIT US

Thursday - 11am - 4pm
Sunday 11am - 4pm

“ Such a beautiful place filled with lots of significant history. It was truly inspiring to walk through the rooms where our movement started. ”

Museum visitor



OUR VALUES

In 2019 our staff, volunteers and clients took time to reflect on who we are and what our best looks like. What we found was that the reason we do what we do depends on our individual, and collective, determination to be :



COURAGEOUS

challenging inequality,
stepping forward and
making change



AFFIRMING

supporting and
inspiring, paying attention to
discover what matters



GENEROUS

sharing our skills,
creating energetic positive links,
and thriving together



ROOTED

secure in our
communities, participating and
nurturing a sense of belonging

These values continued to guide us in everything that we do over this past year.



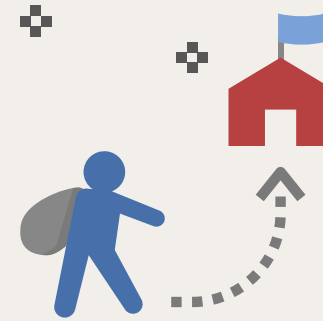
OUR YEAR IN NUMBERS



**WE RECEIVED
5,426
REFERRALS**



**WE SUPPORTED
2,477 ADULTS AND
CHILDREN**



**SAFE REFUGE ACCOMMODATION
FOR 177 WOMEN AND CHILDREN
ACROSS 38 REFUGE SPACES**



**WE WELCOMED THE PUBLIC
TO 79 MUSEUM OPENING
DAYS**



**368 THERAPEUTIC
INTERVENTION
SESSIONS HELD WITH
CHILDREN**



**WE TRAINED 1,031 HEALTHCARE
PROFESSIONALS TO
RECOGNISE THE SIGNS OF
ABUSE**



**A TEAM OF 85 STAFF
MEMBERS WHO MAKE
IT ALL POSSIBLE**



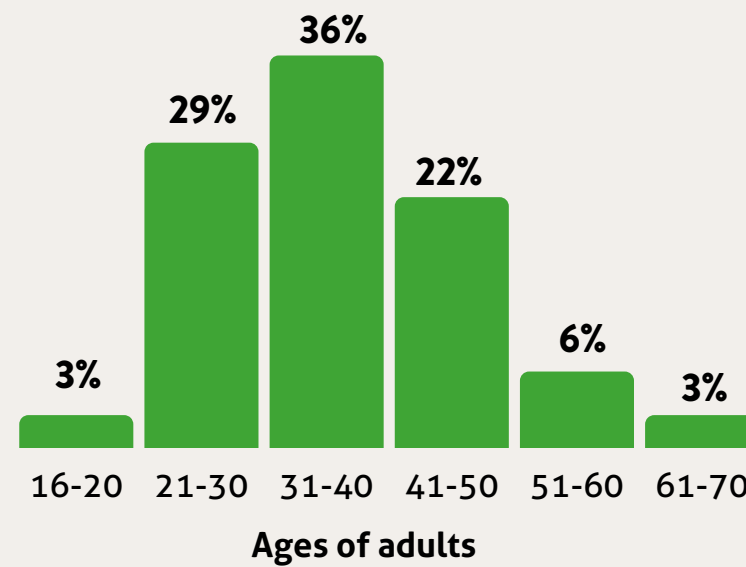
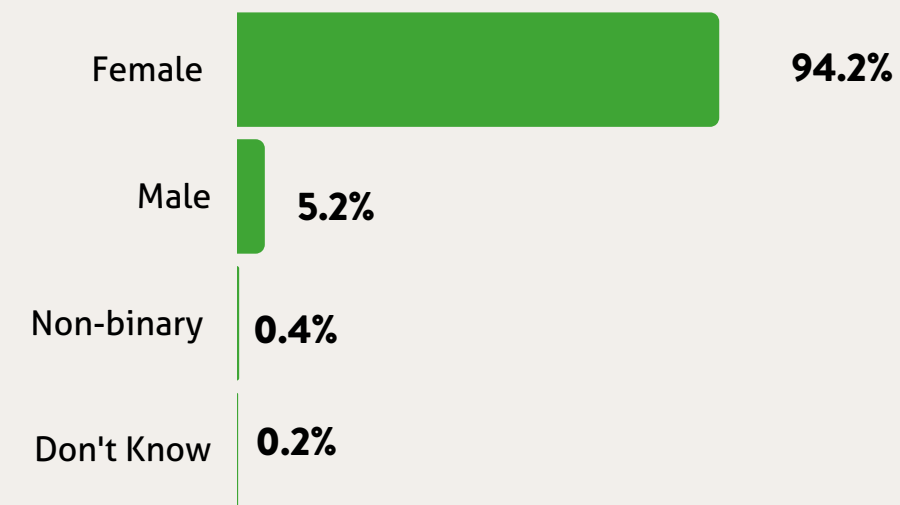
**SUPPORTED BY 3,010
HOURS OF SUPPORT FROM
OUR DEDICATED
VOLUNTEERS**



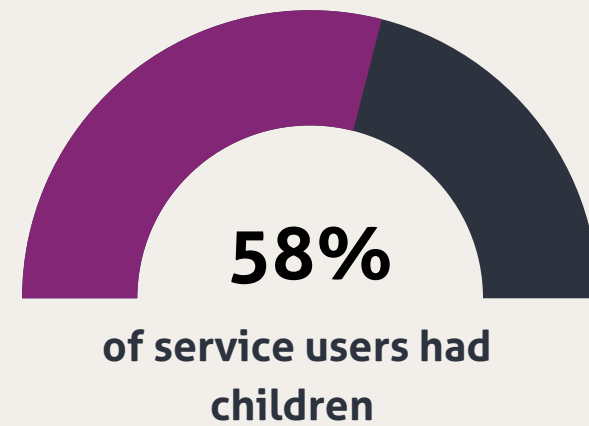
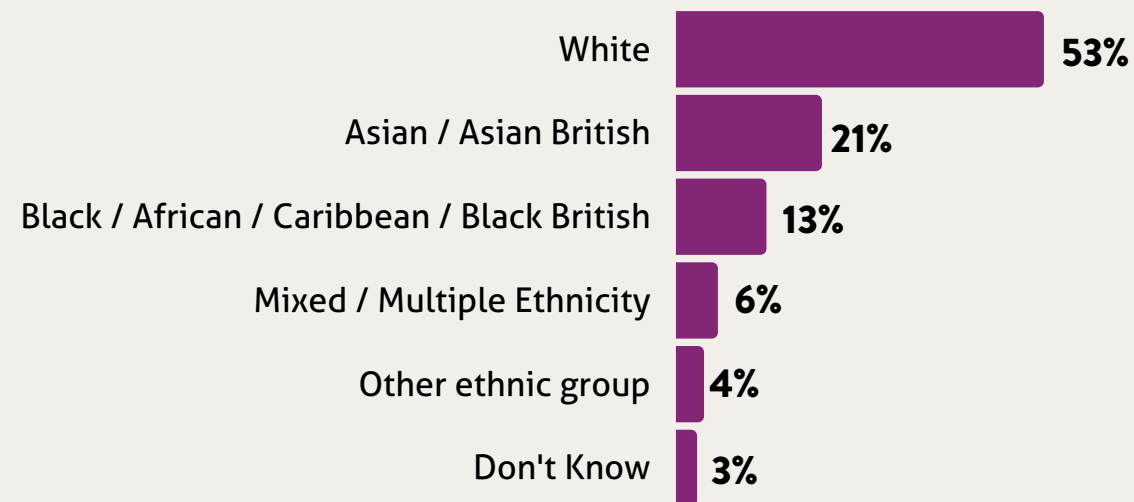
OUR SERVICE USERS

2,250 adults supported across all our services

Gender

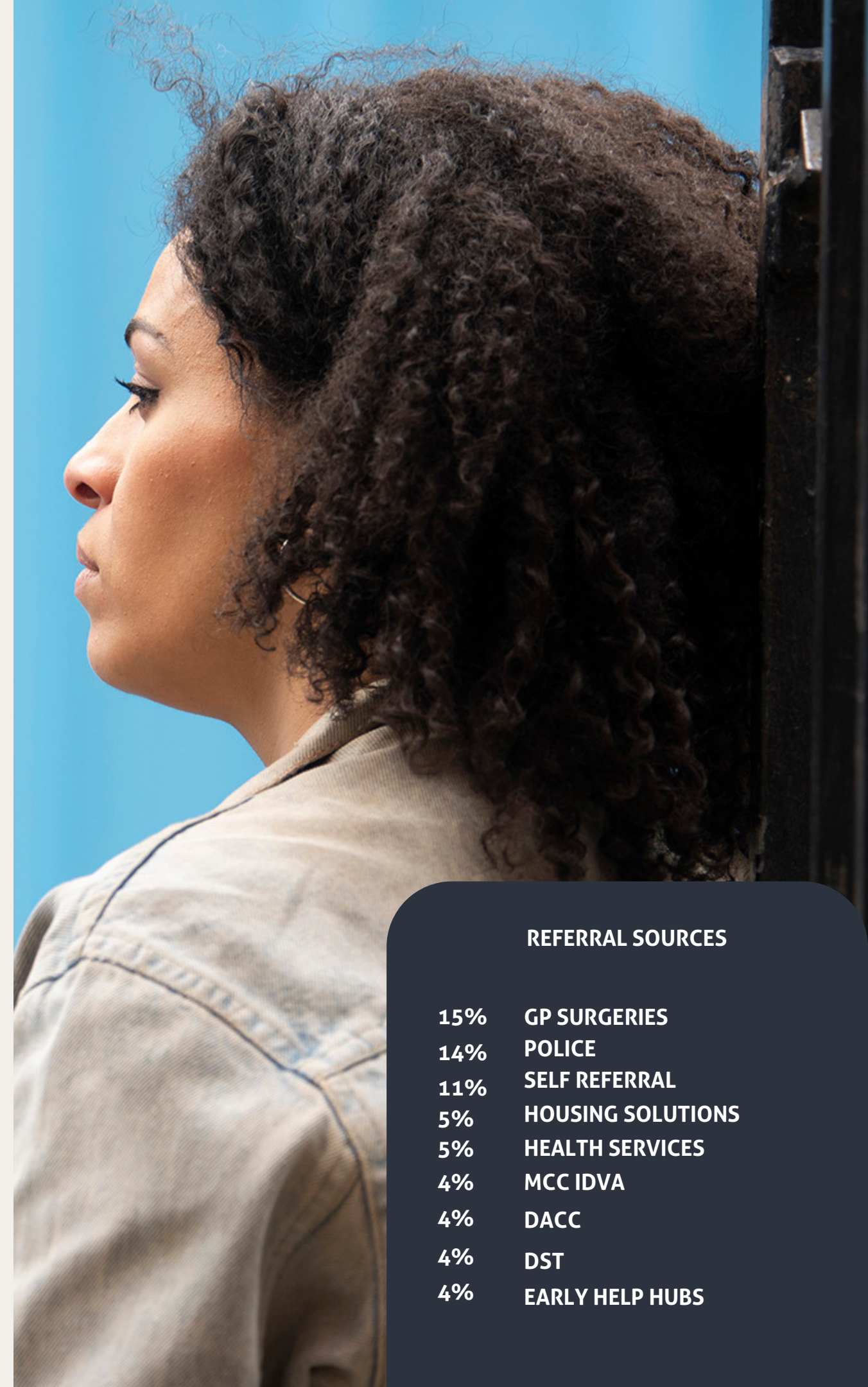


Ethnicity



REFERRAL SOURCES

- 15% GP SURGERIES
- 14% POLICE
- 11% SELF REFERRAL
- 5% HOUSING SOLUTIONS
- 5% HEALTH SERVICES
- 4% MCC IDVA
- 4% DACC
- 4% DST
- 4% EARLY HELP HUBS



2022

SAFE IN SALFORD

We started off the year by beginning to deliver the IRIS project within the Safe in Salford foundation, meaning we now operate services across two cities.

The Identification and Referral to Improve Safety (IRIS) service is part of a national programme of partnerships between GP practices, their staff, and domestic abuse organisations.

IRIS Salford provides specialist training to staff who work across 38 GP practices in Salford, to help them identify the signs of domestic violence and abuse and support those identified with a personalised support plan to meet their needs.

499



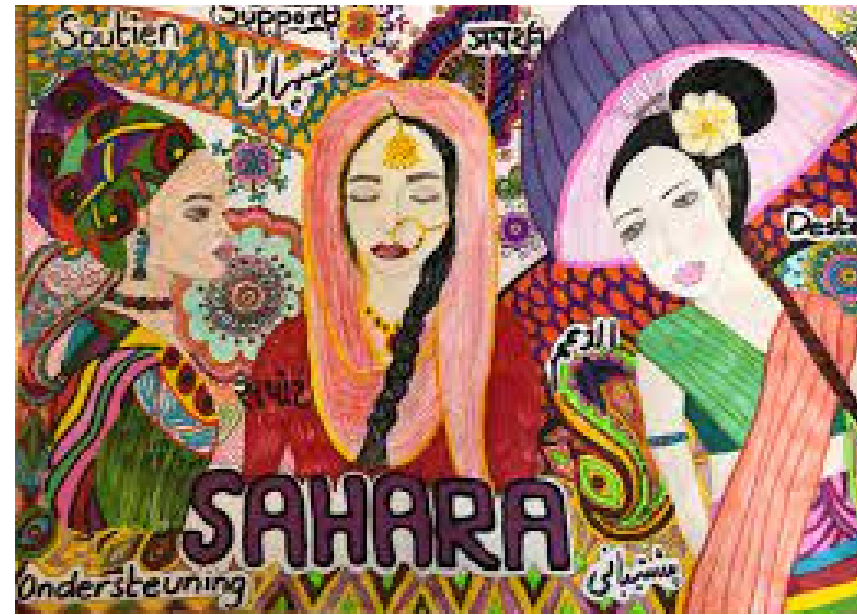
Clinical and non clinical staff trained

286



Referrals received

APRIL



Sahara Project ended

Funding for our SAHARA project ended in May 2022. The project provided DVA support to BAME women and girls in the community through 1:1 outreach support, groupwork, drop in and counselling. It was a vital service and we were proud to be able to support BAME women and girls across Manchester. We are working hard to identify funding opportunities to be able to deliver a similar service in the future.

MAY

1783



Referrals received in total

796



clients supported since 2019

“

Your support was our strength. I never thought that I will be able to survive on my own financially and emotionally. Your help supported me and my son and gave us courage.

”

BECOMING RESPECTFUL

We began the first cohort of our perpetrator groupwork, called Becoming Respectful, in June.

It is a 12-16 week course suitable for those who have shown abusive behaviours within their relationship - at a low to medium level - who want to improve their relationship and learn more about respectful ways of being for their whole family. The programme is run within a group setting with two facilitators.

“

This is the best programme I have attended and if anybody wants to improve their behaviour and enjoy a healthy relationship, this is the programme for them.

”

All attendees expressed increased awareness and understanding of abuse and its impact upon their partner and children, healthy relationships, healthy environments for children, their own abusive behaviours, and cycles of abuse.

JUNE

2022

Sunday reopening of the museum

In July, The Pankhurst Centre extended its opening hours to include Sundays, so we could welcome even more visitors and spread the story of the Pankhurst family and the women's vote movement to even more people.

30 Regular heritage volunteers support the museum with opening, events and outreach help make this happen.

In 2022-23, we welcomed **3000** visitors to the Pankhurst Centre



JULY

Staff Away Day

We held our first staff away day since 2019 at the Muslim Heritage Centre in Whalley Range. We've grown a lot as an organisation since before the pandemic, so much so that we had to split the event between two days. It was a great opportunity to get everyone together, share stories about all the great work we are doing and learn about our history.

Our busiest month for referrals

475
REFERRALS into our refuge and outreach projects

60
REFERRALS into groupwork for adults and children



National Play Day

Our Children and Young People team attended the National Play Day event, held at Whitworth Park. With over three thousand visitors on the day, we were able to share some of our play tools to regulate emotions, advise parents, and the children made worry monsters to share their worries too.



AUGUST

2022

School visits to the museum

We launched our new Schools Learning Programme in September 2022. These workshops include interactive activities to explore the museum as well as making a protest banner, placards and graffiti chalking - just like the Suffragettes did!

Feedback from Holy Family Primary School:

“The staff were lovely and friendly. Children were engaged in each activity and were very eager to join in. They were keen to show off their protest banners in assembly when we got back to school and to parents in a parent assembly this week.”

Labyrinth Project ended

The purpose of the Labyrinth Project was to respond to the impact of the Covid-19 pandemic on women and women's organisations by building capacity, stronger networks of support and shared learning across the women's sector between May 2021 and September 2022.

Our successes included supporting Afghan refugees through delivering women's rights sessions and holding play sessions for their children, chairing the Women's Homelessness Involvement Group (WHIG) and the development of a network of contacts who shared information on a wide range of issues .

SEPTEMBER

Migrant Women's Project

In October 2022, we finished refurbishing one of our three bed dispersed refuge properties and established our Migrant Women's Project. This allows us to provide refuge space to three single women who currently have no recourse to public funds due to their immigration status. They are supported while they apply for The Destitution Domestic Violence Concession which enables them to access benefits and housing assistance whilst they are making a claim for indefinite leave to remain in the UK.

7 women provided with refuge since October



3 women moved into mainstream refuge after gaining indefinite leave within the UK

Rooms of our own

The Rooms of Our Own Project, documenting how The Pankhurst Centre was saved by women in 1970s and 1980s, was completed in October 2022. Run by young people in partnership with Manchester Histories, the project involved art workshops, archiving training and sharing stories of The Pankhurst Centre fight with the public.



It culminated in a popular pop-up Exhibition at Manchester Library from 10th October 2022 to early January 2023. The archives which were used and catalogued by the young volunteers are now held at Manchester Central Library, leaving an amazing legacy from the project, available for anyone to access.

OCTOBER

2022

Working Together Conference

We invited service users, volunteers, staff, and stakeholders to our annual Working Together Conference. The conference offered attendees an opportunity to meet with like-minded women, and provide feedback about our service, to identify what we are doing well and how we can improve. Following on from the Conference, a Working Together group has been established, creating a circular communication where service users, volunteers, staff and



board members can have open dialogue about the experience of using our services, including a chance for service users to feed back directly to the board.

NOVEMBER



Reach DIY sessions

Reach ran a series of empowering DIY workshops with Care & Repair Manchester. The sessions provided attendees with basic DIY skills, and enabled participants to access a tool library to carry out their own projects.

White Ribbon Day

White Ribbon Day 2022 fell during the first week of the FIFA Men's World Cup. This year's campaign #TheGoal brought stands to stations across the UK, with the aim of highlighting the challenges - and dangers - women and girls face in male-dominated environments such as the football pitch. PTMWA staff volunteered on the White Ribbon stand in Piccadilly Station, helping to raise awareness of gender-based violence, and asking travellers to pledge to do all they could to help end violence against women and girls.



CYPS Christmas party

At the CYPs Christmas party families and staff decorated biscuits, created hand puppets, and enjoyed lots of party games and dancing. Children were provided with presents and a visit from Santa.



Reach Christmas present delivery

Thanks to kind donations from Kids Out, Reach were able to deliver Christmas presents to over 75 families, providing gifts for over 100 children.



DECEMBER

2023

RISE traineeship

In January 2023, our first ever cohort of ten RISE trainees graduated from their year long traineeship. Our training service provided them with the knowledge and support, while they also gained practical experience through being based within our project teams.

10 trainees graduated **7** went on to work within the DVA sector **3** secured posts with PTMWA

RESTORE

We won funding for a brand new specialist service which supports individuals who are experiencing stalking.

This is working in collaboration with Greater Manchester Police, Probation and University of Manchester.

Extending training opportunities

From January, we began inviting external organisations to our internal training sessions. We have had people joining from Europa, Vesta and Manchester Deaf Centre with a total of 5 professionals joining our trainings so far.

Museum closed

Our museum closed for the whole of January to allow us to do some important maintenance work and train our staff and volunteers.

MiDASS funding extended

In February 2023, we received confirmation that our Midwifery and Domestic Abuse Support Service (MiDASS) has been extended for another two years and we will begin to deliver the service at St Mary's hospital too.

We have ran the project at NMGH and UHSM since 2016. It provides domestic abuse training and a referral pathway for maternity staff as well as holistic support for pregnant women, both during pregnancy and in the postpartum period (up to 28 days after birth).



400 women supported

Since 2016:

3,457 maternity ward staff trained

Galentines event at the Pankhurst Centre



We welcomed the public to the Pankhurst Centre for a memorable Galentine's night to remember. They were welcomed with a glass of fizz, had a private tour and made a pair of earrings (in the suffragette colours of course). Our museum regularly hosts events like this, as well as hosting online talks by feminist history experts, Pankhurst family members and many more. If you're interested in keeping up to date, follow the Pankhurst Centre on social media for more information.

REACH funding extended

We also received confirmation that our Reach project, which provides domestic abuse support to those currently living in temporary accommodation, has been extended for another two years.

409 SERVICE USERS IN THE FIRST TWO YEARS



RENEW

A brand new project to support individuals who are on the sexual assault referral clinic (SARC) waiting list at St Mary's hospital. The project aims to do this through providing groupwork and a drop in service.

JANUARY

FEBRUARY

MARCH

INTERNATIONAL WOMEN'S DAY 2023



SATURDAY 4TH MARCH
WALK FOR WOMEN, ORGANISED BY
MANCHESTER CITY COUNCIL



WEDNESDAY 8TH MARCH
LYDIA BECKER TALK AND VULVA VOCE
STRING QUARTET EVENT



WEDNESDAY 8TH MARCH
INTERNATIONAL WOMEN'S DAY FUNDRAISER
AT FROG & BUCKET COMEDY CLUB

OUR SERVICES 2022-23



Since 2014, we have provided support, advice and guidance to 9,953 people across Manchester, to help them live a life free of domestic violence and abuse.

FIRST CONTACT

Our first contact, accessible to all, focus on intervening early to prevent harm and raise awareness.

Referral Line

Our referral line is open to the general public from 9.30am until 7pm Monday - Friday. We receive calls from service users and their families seeking advice, as well as referrals from public bodies, other charities and our partners.



3883

**calls to the
referral line
in 2022-23**

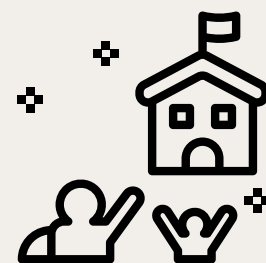
WHO CONTACTS US

Most common call sources

Service users	51%
DVA services	15%
Housing	5%
Children's services	5%

Staff on the referral line are trained domestic abuse workers, and are able to signpost, provide advice and case updates as well as accepting and processing all of our referrals into service.

You can contact the referral team on 0161 660 7999, email referrals@manchesterwomensaid.org or submit a request through our website.



763

**bed space
enquiries via the
referral line in
2022-23**

Women's Drop In

354

**women attended
our weekly drop in**

40

**craft and activity
workshops**

36

**free advice
clinics hosted**

Every Wednesday, we have a Women's Drop In offering well-being workshops, creative activities and the opportunity to socialise in a safe and supportive environment. A free hot vegetarian lunch is provided and it is free of charge and on an informal basis - a great opportunity to meet new friends and have fun.

We also host free advice clinics where women can seek family law legal advice from solicitors and housing advice from Shelter. These are on a timetabled basis. If you would like to find out more information about this, please drop us an email on hello@pankhurstturst.org.



TRAINING SERVICE

Our training service provides a variety of training opportunities, both internally to our staff and volunteers, as well as externally to other organisations too.

We provide educational training sessions on domestic violence and abuse (DVA) awareness, professional boundaries and working with trauma survivors, as well as practical training sessions on assessing risk and case management amongst many others.



5 sessions delivered to external organisations

25 
organisational training sessions for staff and volunteers

External Training

As a DVA specialist, we support other professionals across Greater Manchester to build knowledge and raise awareness about Domestic Violence and Abuse.

Our training team work with external organisations to assess their needs and offer advice to provide a meaningful learning experience.

For more information about what training opportunities we could provide, please contact Natalia Ayuso
n.ayuso@manchesterwomensaid.org.

Training Partnerships

This year, we also invited Manchester Rape Crisis to train our staff members on how to confidently respond to disclosures of rape and sexual abuse. Feedback from staff about this session was overwhelmingly positive and we are planning another one for next year too. We also invited Manchester Deaf Centre to provide training to staff on deaf awareness and how to make support more accessible.

Ten Dialogues

We continued delivering our Ten Dialogues programme to boys and young men aged 13-18 across schools in Greater Manchester. It offers ten one hour workshops where they explore respect, freedom, relationships, safety and what it means to be a man in society. The aim of the programme is to encourage the participants to think critically about the messages they receive and see the wider picture of abuse and the contributing factors to this.

140 
boys and young men across GM in 2022-23

“

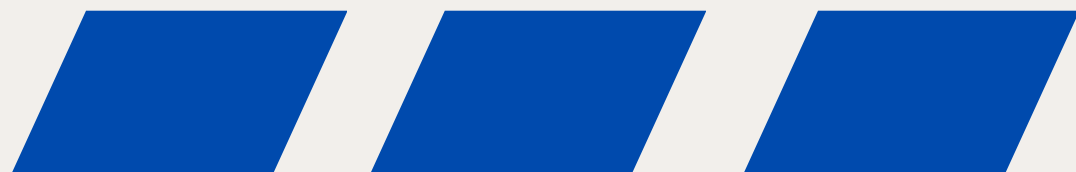
Myself and the students only have positive things to say regarding 10 Dialogues. The session leader was exceptional. She helped the students feel extremely comfortable when discussing difficult topics. Students were encouraged to share their thoughts and ideas, which helped keep them engaged each session. I highly recommend this to all schools, and I hope to be apart of this programme again in the future.

William Hulme Grammar School

”

SPECIALIST INTERVENTION

We received 4,186 referrals into our community and outreach services in 2022-23. This is the most referrals we have ever received in a year.



IDENTIFICATION AND REFERRAL TO IMPROVE SAFETY (IRIS)

IRIS MANCHESTER

The Identification and Referral to Improve Safety (IRIS) service is part of a national programme of partnerships between GP practices, their staff and domestic abuse organisations. The IRIS programme is a training, referral and advocacy model that supports clinicians to better support their patients affected by domestic violence and abuse.

IRIS Training supports clinicians to recognise and respond to DVA. The programme provides a direct and trusted source for advocacy for patients following disclosure.

IRIS also provides 1:1 support for service users, providing emotional, practical and domestic abuse support.

98% of service users feel better able to recognise abusive behaviour

890 REFERRALS RECEIVED

208 CLINICIANS TRAINED ACROSS MANCHESTER

250 RECEPTION STAFF TRAINED ACROSS MANCHESTER

"This has been a liberating journey, from wondering what I had experienced after talking with my clinician to fully understanding the type of abuse that I had been experiencing for YEARS. This has been the best service."

SAFE IN SALFORD IRIS

Safe in Salford is for all adults, children and young people affected by domestic abuse. As part of the Safe in Salford domestic abuse partnership, IRIS works in collaboration with Salford Foundation, Trafford Domestic Abuse Services, and Talk Listen Change.

Safe in Salford IRIS supports clinicians and other clinical staff to across 38 practices to better support their patients affected by domestic violence and abuse.

Safe in Salford IRIS also provides 1:1 support for service users.

99% of service users report feeling better able to recognise abusive behaviour

286 REFERRALS RECEIVED

288 CLINICIANS TRAINED ACROSS SALFORD

211 RECEPTION STAFF TRAINED ACROSS SALFORD

ASSESSING FOR DOMESTIC VIOLENCE AND ABUSE IN SEXUAL HEALTH ENVIRONMENTS (ADVISE)

ADVISE is a support programme aimed at helping sexual health service staff recognise and respond to patients affected by domestic violence and abuse (DVA). It also offers patients a direct referral into specialist services via a simple, local care pathway. The service provides one-to-one advice, information, and support for survivors of domestic abuse.

ADVISE works in collaboration with Trafford Domestic Abuse Services, Jigsaw, and Stockport Without Abuse.

Due to its success, ADVISE has now been commissioned for another year.

MIDWIFERY AND DOMESTIC ABUSE SUPPORT SERVICE (MiDASS)

The MiDASS (Midwifery and Domestic Abuse Support Service) project has two strands, both focused on the identification of domestic violence and abuse (DVA) during pregnancy.

MiDASS offers first and foremost, domestic abuse training and a referral pathway for maternity staff as well as holistic support for pregnant women, both during pregnancy and in the postpartum period (up to 28 days after birth).

Initially, PTMWA was commissioned by Manchester City Council to deliver the MiDASS project with an initial 12 months' funding, commencing on 1 April 2016. However, due to the success of the project, MiDASS has been running successfully since its implementation in 2016.

MiDASS works with patients and professionals in North Manchester General Hospital, Saint Mary's and University Hospital of South Manchester.

151 REFERRALS RECEIVED

72 CLINICIANS TRAINED

23 RECEPTION STAFF TRAINED



116 REFERRALS RECEIVED

"I was worried about the baby (in pregnancy), and did not want to entertain the idea of going to the police or social services, but when the midwife offered me to talk to someone who could help me with the abuse, I was glad."

100%
of women supported felt they were able to better recognise abusive behaviour

CONNECT



Our CONNECT team work with service users who live in the community, who are low-medium risk cases. They provide six weeks of support to each service user due to an extensive waiting list.

Connect staff are embedded in the Early Help Hubs across the City working as multi agency partners alongside GMP, CSC and Early Health practitioners. Connect are on hand to offer DV support and advice to frontline practitioners in the Hubs when required.

Staff are also part of the daily DACC meetings (Domestic Abuse and Child Concern) supporting incidents related to domestic abuse that GMP have dealt with the previous evening. This ensures a rapid coordinated multi agency response to meet the needs of victims and their children.

Last year, Connect held a Bi Annual Forum with Early Help Managers and frontline staff to share best practice and to look at ways of improving how the teams will work together in the future.

Our most referred to service in 2022-23

	REFERRALS	CLIENTS IN SERVICE
2022-23	1785	499
2021-22	968	381

- 78%** feeling safer
- 85%** feeling more confident
- 98%** better able to recognise abusive behaviour

CASE STUDY

Sarah* was referred into our CONNECT service by Children's Social services after experiencing domestic abuse from her ex-partner of twenty years. Upon coming into service she was initially sceptical about the amount of information she wanted to share. But after an initial conversation and gaining her trust, Sarah soon began disclosing details of the physical, emotional, financial, psychological abuse with multiple attempts of strangulation that she had experienced.

A safety plan was quickly created in case an incident of domestic abuse happened again. Options were discussed for accessing help with her mental health, referrals made for counselling and 121 sessions held to help improve her understanding of DVA. A referral to groupwork with Manchester Women's Aid was also made to consolidate this learning in a group setting.

During her time in service, she expressed suicidal thoughts on two occasions. The numbers for Samaritans and the Greater Manchester Mental Health 24/7 helpline were provided. Her support worker advocated for her to receive appropriate support immediately from Adult Safeguarding and contacted Adult Social care who provided her with a social worker. Her support worker also contacted Community Mental Health Team and Psychological Wellbeing Service.

Upon case closure, Sarah stated she was feeling better about herself, stronger and more resilient since the first time we spoke on the phone. What was particularly impressive was the fact that Sarah called the police and reported her ex-partner when he was being abusive, while their daughter was present. That alone constitutes a huge step towards her confidence, self-esteem and healing and provides a lesson to her daughter that abusive behaviour cannot and should not be tolerated.

REACH

Reach provides advice and support for those living in Manchester City Council safe accommodation who have experienced domestic abuse.

Reach offers practical support, emotional support, domestic abuse support, and safety planning.

The support offered aims to increase the safety of service users, and build confidence, self-esteem and awareness of domestic abuse in a safe, supportive and empowering way.

99% of service users felt they were able to better recognise abusive behaviour

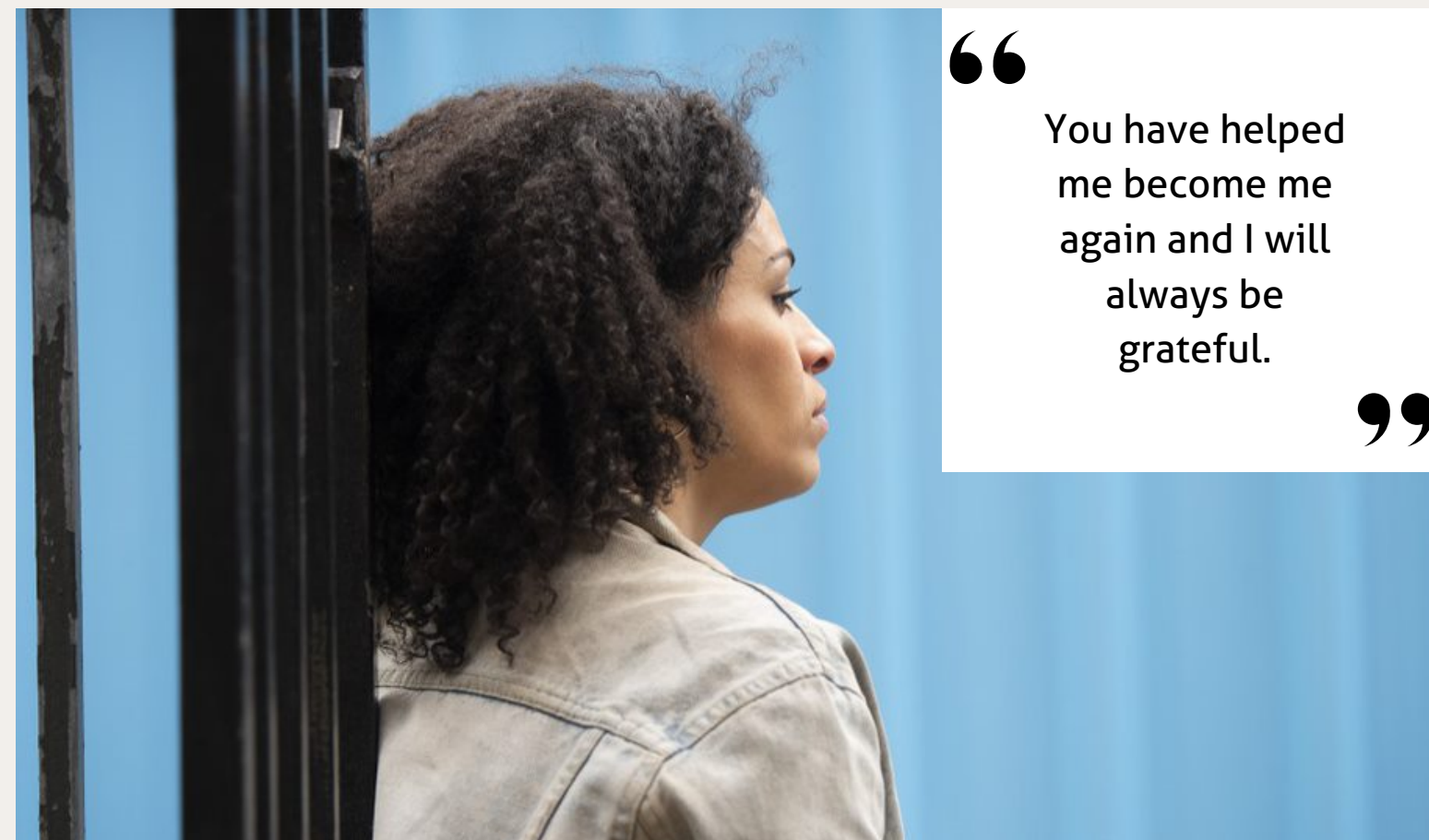
98% felt more confident asking for help when they need it

94% of service users felt safer

329

survivors supported

“ The group has made me realise that I am not alone in my experience. The staff and other people who attend are keen to make things better for those who have to live in temporary accommodation. ”



“ You have helped me become me again and I will always be grateful. ”

WOMEN'S VOICES GROUP

This group gives service users a safe space to share their experience with Reach and temporary accommodation. The feedback gathered from this group will be collated to inform and guide our service as well as establish what needs to be fed back to partners. The group also aims to empower attendees to contribute to wider discussion and influence system change.

A Reach handbook was created in collaboration with attendees, which provides signposting for services and resources across Greater Manchester.

RESPITE ROOMS

Respite Rooms is an initiative run by Manchester City Council, and provides safe and supportive female-only accommodation for those experiencing homelessness, violence, and abuse.

MWA offers 1-1 support and weekly drop-in sessions for women living in Respite Rooms accommodation.

Drop-in sessions provide a safe space where women can enjoy a hot meal, and a therapeutic social and creative activity. They also allow attendees to build trust with their MWA worker and relationships with other women in their accommodation.

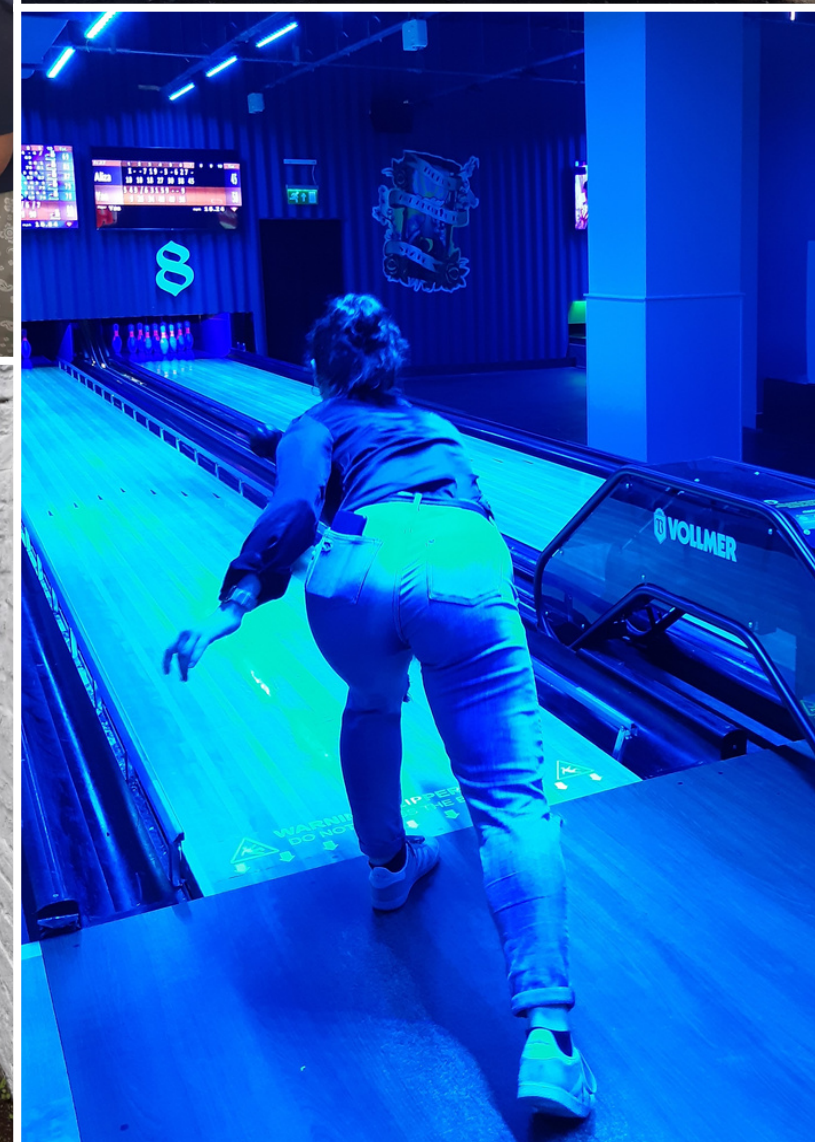
CASE STUDY

XX moved into a Respite Rooms female-only safe accommodation after fleeing honour-based abuse from her family, and domestic abuse from an unrelated male.

After moving into the supported property, she engaged with one-to-one sessions with her MWA worker, and attended the weekly drop-in sessions, engaging in therapeutic and social activities. She completed a full support plan with her MWA worker, which included registering with health services, engaging with a domestic abuse programme, and safety planning. As a result of this support, she maintained safety and separation from those she was at risk from. She was also supported by her MWA worker to report the abuse she had experienced to the police.

During her time in service, she engaged with mental health support and increased her awareness of positive coping strategies. She was also supported to access immigration services to submit an application for UK status, referred for ESOL classes, and referred to the LGBT Foundation for further support and group work.

She is now living in an MWA refuge and will have full support for 2 years whilst her immigration application is in progress.



CHILDREN AND YOUNG PEOPLE'S SERVICE (CYPS)

The CYPS provide therapeutic intervention work on a 1:1 basis and groupwork sessions, both to families living in refuge and in the community. Their work is focused around helping the children to recover from trauma of living in a household where DVA was present.

The CYPS was also proud to be a part of the programme of support provided to the Afghan refugee project, which supported women and children living in hotel accommodation. They delivered weekly play sessions, working with 310 children over 30 weeks. There were notable themes in the CYP's play such as – Journeys, Change, Creativity, Caution, Loss, and Sorting.

CYPS GROUPWORK SESSIONS

- **Open Play**
Weekly play sessions held in refuge for children aged 5-14.
- **Heuristic Play**
Weekly play sessions held for mothers and children under 5 in refuge.
- **Living Life to the Full**
This health and wellbeing course looks at behaviours, understanding our thoughts and feelings, controlling anxiety and relaxation techniques. This is for children aged 11-17.
- **Healing Together**
This programme has been carefully crafted so children can learn about how their body and brain works together, their feelings, senses and strategies they can use to help their body and brain feel safe. This is for children 5-10.
- **Early Years**
This programme provides mothers with children under 5 the opportunity to learn about the impact of domestic abuse on early parenting and about the development of infants and very young children.
- **You, Me, Mum (from January 2023)**
This explores the effects of domestic abuse on women as mothers and on children and young people. This looks at effective communication skills, healthy relationships and protective behaviours and strategies.

225



CYP
received support
across Manchester

438
groupwork
sessions hosted

368
1:1 therapeutic
intervention
sessions held

BECOMING RESPECTFUL PROGRAMME

Becoming Respectful is a 12-16 week course suitable for those who have shown abusive behaviours within their relationship - at a low to medium level - who want to improve their relationship and learn more about respectful ways of being for their whole family. The programme is run within a group setting with two facilitators.

The Becoming Respectful programme is divided into three stages with several sessions taking place to cover each stage:

Stage One: Awareness Raising and Motivational Work

Stage Two: Self-Awareness

Stage Three: The Potential for Change



OUTCOMES FROM THE SECOND COHORT:

All attendees expressed increased awareness and understanding of abuse and its impact upon their partner and children, healthy relationships, healthy environments for children, their own abusive behaviours, and cycles of abuse. They all expressed a motivation to change their behaviours and gave examples of how they had practiced and implemented positive and healthy behaviours to ensure their relationship was non-abusive.

“
Very happy to be part of this course. Big help to me and my family. Thank you!
”

“
This is the best programme I have attended and if anybody wants to improve their behaviour and enjoy a healthy relationship, this is the programme for them.
”



INTENSIVE SUPPORT

**3 in 5 of our clients who
come into service are
assessed to be currently
experiencing medium or
high risk domestic abuse.**



REFUGE

Our refuges provide safe accommodation to survivors freeing themselves from high-risk domestic abuse.

Our Refuge Workers provide holistic support:

- Mental health, emotional and wellbeing support
- Financial and practical support, such as applying for welfare benefits
- Childcare support, including organised playgroups and assistance with applying for schools and nurseries
- Language interpretation
- Social outings to help survivors regain their confidence and build a support network

36
refuge
spaces

177 women
and children

74 families
supported
through our new
Move On grant



Artwork by some of the residents of one of our refuges. Our refuge workers put on regular wellbeing sessions where the women often express their feelings through art and creativity.

OUR YEAR IN REFUGE

Migrant Women's Project

In October we opened one of our dispersed properties as a dedicated accommodation space for migrant women with no recourse to public funds. Opening the project was a key milestone in overcoming barriers faced by those who are denied public funds in accessing DVA support.

Jane's story

Jane* moved into one of our refuges this year after fleeing from high-risk domestic abuse. She was depressed, anxious and found it difficult to form new relationships. The staff are now supporting her to find a permanent accommodation and providing mental health support. She is encouraged to engage with other people and join in with the well-being activities.

*name has been changed

Move On grant

As part of the New Burdens funding, we secured £50,000 to help families move out of refuge into permanent and secure accommodation. This has assisted 74 families to move safely on from refuge through providing:

- Rental payments
- Household essentials such as furniture, appliances and bedding
- A family budget to purchase home comforts to create a forever home
- Security measures such as lighting, alarms and Ring doorbells to help survivors feel safe in their new home

“ I will never forget that day when I first arrived the refuge. You came to me with a smile. You called my name and led me into the refuge. I finally felt that someone cares about me. ”

Events and outings

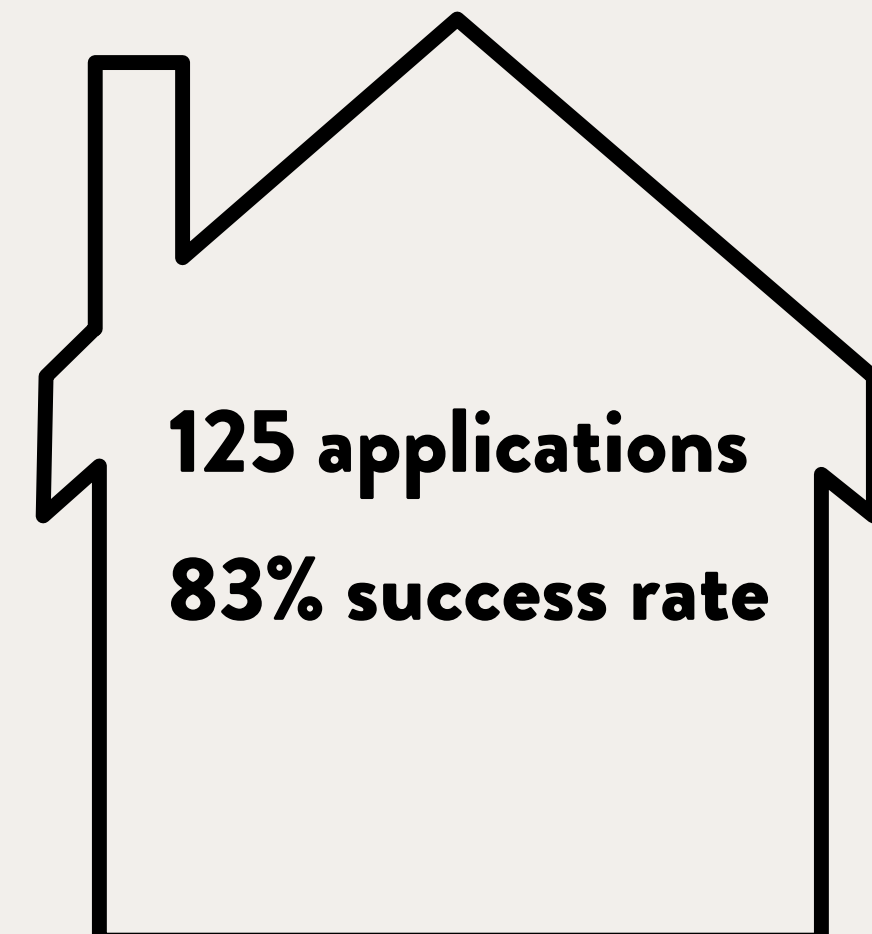
The women staying in our refuges enjoyed a variety of events and social outings this year, including:

- A group trip to Liverpool
- A group trip to Adventure Farm
- Halloween, Christmas, Easter and Eid celebrations including some brilliant Christmas presents for all the children thanks to our kind donors.
- Tea and cake with board member Sara Radcliffe to facilitate circular communication across the organisation.
- Regular wellbeing sessions such as painting, gardening and social events such as barbecues in the garden.



HOUSING AND FINANCIAL ABUSE TEAM

Our Housing and Financial Abuse team apply for grants and funding on the behalf of women who are in refuge. These grants are used to cover the cost of moving into safe accommodation when the service user leaves temporary accommodation, for example on furniture, electrical appliances and items for children.



INDEPENDENT DOMESTIC VIOLENCE ADVOCATES (IDVA)

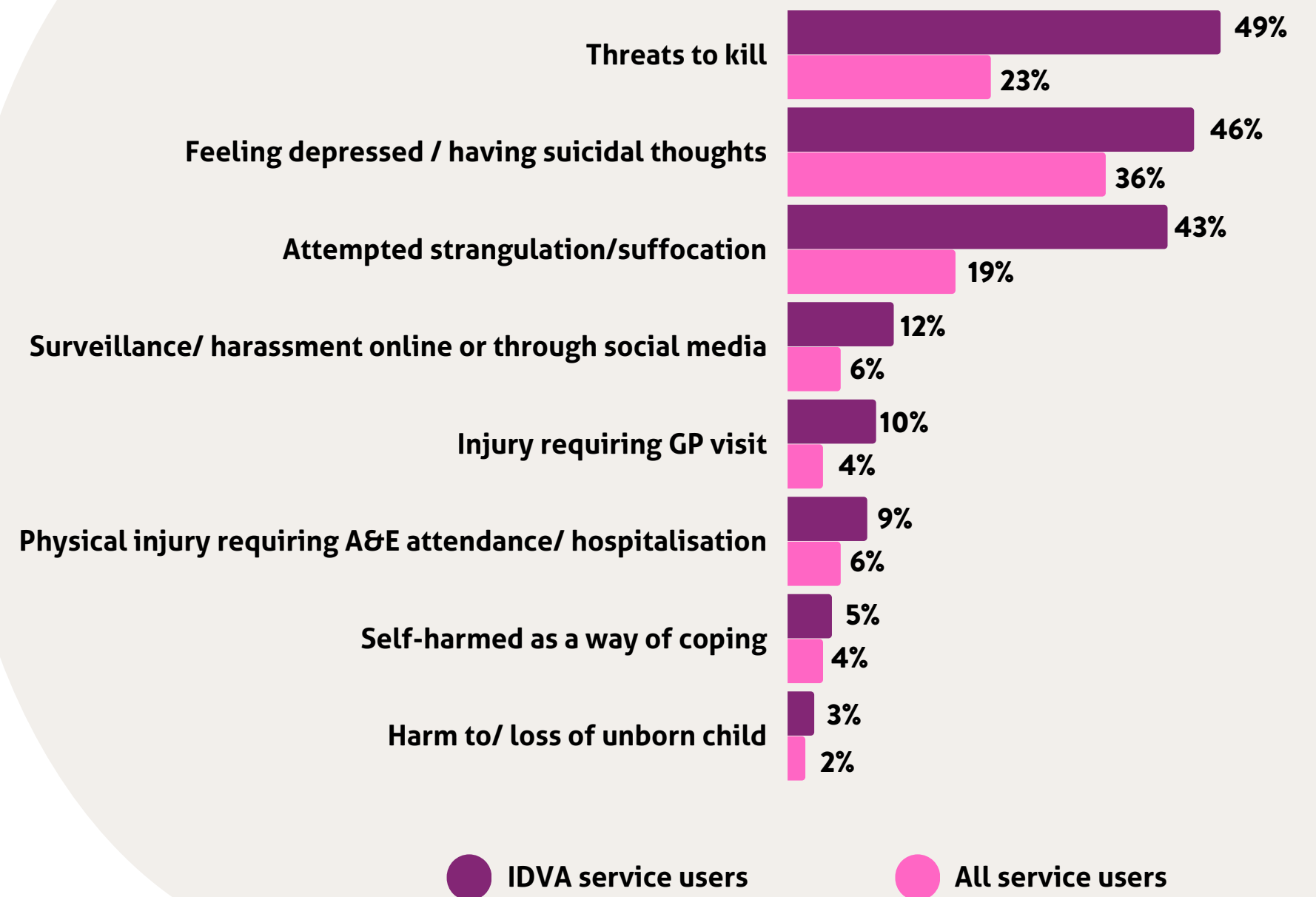
Our IDVAs support clients at the highest risk of harm / domestic homicide from intimate partners, ex-partners or family members. They work with a network of organisations across Manchester to secure the clients safety and the safety of their children.

We have two IDVAs who specifically support any internal cases which are escalating in risk or are assessed to be high risk when we receive the referral. They work with the clients whose cases often go on to be heard at multi agency risk assessment conference (MARAC) meetings across the city. Our IDVAs attend three MARAC meetings weekly, representing the clients and their children.

We also have one IDVA who is trained to also act as an independent sexual violence advocate (ISVA).

Our IDVAs are experts in safety planning, the MARAC process and risk assessments and provide internal training sessions to staff on these areas. They also act as a point of contact for advice about civil and criminal options available to service users.

Abuse experiences of service users 2022-23



IN COLLABORATION WITH OUR PARTNERS

DRIVE

The DRIVE project is an initiative in collaboration with Talk, Listen, Change (TLC) which works with high harm, high risk perpetrators. To support the survivors, we have two IDVAs working on the project to support them.

BIG Manchester

BIG Manchester is a child focused family service, which provides holistic package of support addressing the impacts of domestic abuse, substance misuse and mental health issues on children. The project is led by Barnado's and it has three hubs across Manchester.

Through working in partnership with Barnado's, Manchester MIND and Change Grow Live (CGL), the clients benefit from this multi-agency partnership where each charity provides knowledge and expertise to families across North Manchester.

The staff undertake direct 1:1 work and resilience based group- work with children, focussing on feelings and understandings of family difficulties, whilst enhancing the parents/ carers understanding of the impact these issues have had on their children

We are proud to have worked with Barnado's on this project since 2014.

Our partners



**Change
Grow
Live**



mind
for better mental health
Manchester



DRIVE >

Barnardos

MWA COMMUNITY

This year, our specialist DVA staff held 595 groupwork sessions with adults and children in the community and in refuge.

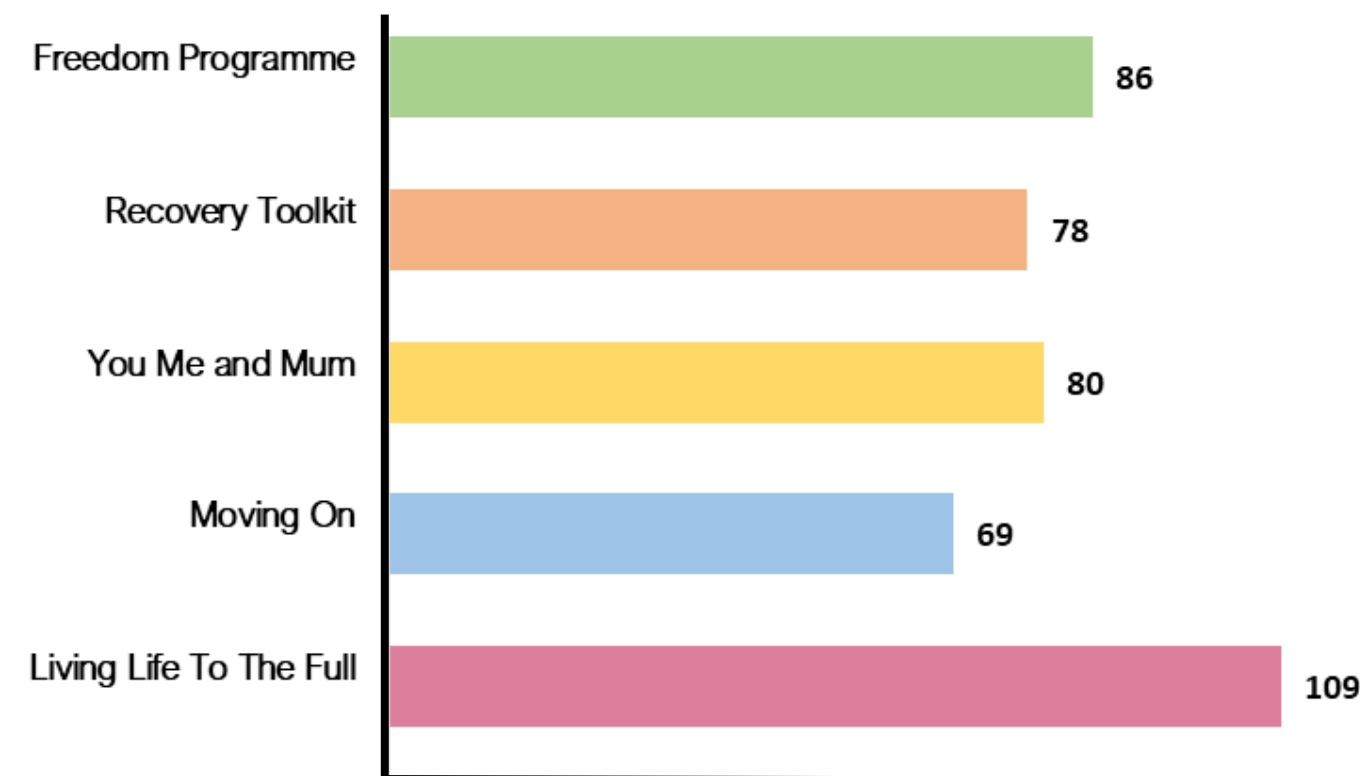


GROUPWORK

PTMWA offer six different groups, some for women only and one where we work closely with children too., The support offered aims to build confidence, self-esteem and awareness of domestic abuse in a safe and supportive environment. We offer six different groups, some for women only and one where we work closely with children too.

“ The Moving On group has helped me with mental stability and regaining my dignity. I am confident in decision making and I have made few friends too. I am getting more restful sleep and able to show love how I want to. I finished my coaching diploma with distinction, and I am an entrepreneur now. I have learned to make time for myself. - Service User ”

Number of women attended adult group work



422 adults

attended our Group Work

170 children

attended our Group Work



- **80%** Women report feeling better able to recognise abusive behaviour
- **78%** Women report feeling more confident
- **88%** Women feel more confident asking for help when they need it
- **78%** Women better understand the impact of DVA on their child(ren)

VOLUNTEER INVOLVEMENT IN PTMWA PROJECTS



169

ACTIVE VOLUNTEERS IN PTMWA

96%

IDENTIFIED AS FEMALE VOLUNTEERS

44%

VOLUNTEER AGE GROUP FROM 17 - 25

We had 285 people register their interest in volunteering with applications peaking in September-October 2022.

“ I learned more things about trauma through the training. On the training day they said about the flight, freeze fight response but there were more added that I didn't know beforehand. Through the sessions I learn a lot more about myself and the way I handle myself and respond. -Volunteer Counsellor ”

COUNSELLING VOLUNTEERS

Our counsellor volunteers give their time to support Women's Aid clients.

REACH

Our 'Community Navigators' work on an Ad-hoc basis to help service users integrate into the community .

COURT SUPPORT

In this new project volunteers offer emotional support to clients when they are attending court.



HERITAGE VOLUNTEERS

Heritage volunteers have been providing exceptional customer service to museum visitors, school groups and at evening events. We have been thankful for volunteers sharing their specific expertise to preserve fireplaces in the museum and catalogue collections.

DROP-IN

Volunteers have been providing support at the Women's aid Wednesday drop in, cooking a delicious lunch, welcoming clients, leading activities such as embroidery and digital skills workshops.

CYPS

The Children and Young People's Service (CYPS) volunteers supports children in refuges, in groups, creches and also in events held during school holidays.

PHONE BUDDY

Phone Buddy volunteers work from home, offers a friendly and consistent relationship over the phone rather than advice-giving or therapy.



" I enjoy learning how to create a fun space for children and young people and interact with people from different backgrounds. Adapting different activities for different children."

VOLUNTEER TO EMPLOYEE CASE STUDIES

Two volunteers have made the transition from volunteer to employee and have commented on how the support and training they received from their managers contributed to their success:

I think when my current position became available and I decided to apply, I already had quite a lot of experience within the organisation. I knew what PTMWA does and what we offer, and the transition was very smooth. The role at the Pankhurst drop-in and how to run the sessions has been of fundamental importance for my current role.

One volunteer felt that their interaction with service users during the voluntary role will hugely inform the way they approach their new job as a Domestic Abuse Worker:

" I feel like I learnt so much about confidentiality and appropriate professional boundaries with service users throughout my time spent volunteering which will be useful to apply to my new job role"
"...my weekly 4 hours at the drop in just reinforced to me why I wanted to pursue a career in this sector and what amazing work everyone at PTMWA did; it made me even more passionate about the cause."



EQUALITIES PROJECTS

Afghan Women Refugee Project

In Manchester, organisations from our voluntary, community and social enterprise (VCSE) sector began planning how we could support the newly arrived refugees in our city. PTMWA collaborated with local authority teams and VCSE organisations to identify needs, secure basic essentials and produce a schedule of activities to help refugees residing in the hotels transition to their new life in the UK.

The 5 reflections from our time supporting Afghan women over the past year as they navigated this transition.



“

I want to know more about how my benefits and financial independence will be impacted once my husband finds a job and whether I will be dependent on him to give me money. - Afghan Refugee Service User

”

Labyrinth Project

Labyrinth is a partnership project with Solace Women's aid and 13 other organisations, contributing to system change for women by building capacity and forging stronger networks of support and shared learning locally and nationally. The Project will also improve access to help with finances, debt and legal rights.

Covid-19 pandemic has increased the impact of a range of issues affecting women including domestic violence, financial, employment and legal concerns. The Labyrinth Project aims to support women's spaces and services to help them, and the women they support, to emerge stronger from the impact of the pandemic.

A Women's Centre of Excellence is being developed to contribute to a stronger, better connected and more inclusive women's sector nationally. It is a space to share information, resources and evidence of what works and be readily accessible by women's sector organisations, groups, and individual women.

Women's Homelessness Involvement Group

Women experiencing homelessness, often have a history of trauma, it is important the support and provision is seen and designed through a gendered lens, taking into account the need for safety, security and trust.



WHIG felt the urge to call for action in order to change the dialogue around homelessness services and commissioning in Manchester. WHIG is currently working on promoting a trauma informed approach to working with women through the development of a series of on line and in person events as well as creating an online resource library of organisations, services and events which are supporting women in our city- region.

EQUALITIES PROJECTS



RECLAIM

Full-time Fierce is a brilliant program designed to inspire the next generation of working-class voices in the campaigning world by RECLAIM in partnership with Pankhurst Trust. RECLAIM is looking forward to some fantastic campaigns over the next 2 years allowing people to hear about the problems from the women and girls with lived experience and their call to action.

"Talent is Everywhere, Opportunity is Not" - CEO Becky Bainbridge

RECLAIM are working on some amazing projects around the Greater Manchester. We have inspired young people to create award-winning campaigns and become a community of passionate working-class leaders and activists.



We Are Proud Of...

Anisa with "Let Periods Flow" which won the Outstanding Achievement at the Youth Buzz Awards 2023. She is creating billboards and an educational video which will help de-stigmatise periods for women and girls and help educate young people.

Giasmin & her mentor Bella did "The Clothes we Don't Wear" campaign through a slow fashion swap shop event.

Binish who spoke about accent discrimination at the Houses of Parliament.

Women and Girls' Equality Panel

Established in December 2020 to address gender inequality in Greater Manchester, the panel is facilitated by the Pankhurst Trust, in partnership with GM4Women2028. The Panel works towards establishing a clear vision for women and girls by building on previous pieces of work and current local and regional topics to understand the issues and inequalities affecting their lives.

The Panel's role is to constructively challenge political and system leaders to tackle prejudice and discrimination against women and girls. The Panel works alongside the Greater Manchester combined authority (GMCA) and the wider Greater Manchester (GM) system to ensure that equality is actively considered in decision-making to help make the city a better place to live, work, study, and do business.

The ending Violence against Women and Girls working group has made significant progress in building a stronger relationship with Greater Manchester Police through the efforts of Chief Constable Nicky Porter

An important milestone for the panel was meeting with the Mayor of Greater Manchester, Andy Burnham. The mayor responded positively, acknowledging that our work had influenced the approach taken by the Combined Authority and will attend meetings regularly and wants to work with our panel to further develop policies.



HERITAGE

Ever since No.62 Nelson Street was saved from demolition in the 1980s it has been our privilege to protect and preserve this important historical building and to ensure the story of Emmeline Pankhurst is told to inspire and motivate the next generation of radical activists. This engaging and immersive exhibition explores the extraordinary achievements of the Pankhurst Family in the house where they lived and where the very first meeting of the Women's Social & Political Union took place in 1903.

2022/23 has been another year of change for the Pankhurst Heritage Team. In July 2022 we reopened the museum on Sundays with the support of a new Duty Manager and our fabulous volunteers.

Our café is popular with our general visitors but is also appreciated by hospital visitors and patients as a nice alternative to the hospital catering options! It is now run, inside, on a donation only basis, but we have acquired tablecloths, vintage crockery and plants to make it special. People can also visit the garden throughout the week, when the garden gates are open. We love offering a beautiful green space for people to enjoy. We've built on successful previous events and trialled and run new events and activities this year.

“Relaxed atmosphere and great to see the centre after hours. Loved the opportunity to sit chat and go home with suffragette earrings. Good to be able to come straight from work . - NHS Staff Member”



38 Events this year



10 Group tour Visits



9 School Programme Launched



79 Museum Opening Days



A woman dressed in a white suffragette-style outfit, including a wide-brimmed straw hat with a purple ribbon and a white dress with a lace collar. She is smiling and holding a green ribbon. A circular badge with a purple border and a central emblem is pinned to her chest. The background is a brick wall with a doorway.

“

There were lots of opportunities for me to reference your presentation in my talk on Leonora Cohen which followed, like Sylvia she believed that suffrage was part of a much bigger campaign including equal pay and working conditions. As discussed, I would be delighted to offer you a talk on Leonora for your suffrage season and look forward to working with you again in the future. - ABBEY HOUSE MUSEUM LEEDS

"Finally managed to visit after many trips to Manchester. Fantastic place with friendly and knowledgeable volunteers. "

"When my daughter was little, we used to play cards with a set of suffragette cards that featured pictures, artifacts, news and stats about the suffragettes. It is very cool to see this house, the home of the Pankhursts. I must bring her when she comes home. " -PANKHURST VISITOR

The Pankhurst Trust (Incorporating Manchester Women's Aid) (PTMWA)

We are registered in England and Wales as a company limited by guarantee, no. 6726553.

And a registered charity, no. 1126433

Our registered address is:

Pankhurst Centre

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M13 9WP



Visit our website, join our mailing list and follow us on social media.

www.pankhursttrust.org



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